



Berks Gymnastics Team
presents the 12th Annual
Flippin' Fun 5K Turkey Run

Thanksgiving Day—November 28, 2024

WHO: Runners of all ages. Bring your family and friends to join our pre-Thanksgiving feast run!

WHAT: The Flippin' Fun 5K Turkey Run course runs through gorgeous Jim Dietrich Park. The course is fast, relatively flat and will once again be chip-timed by Pretzel City Sports.

WHEN: Thanksgiving Day, Thursday, November 28th.
7:30am—8:20am Registration
8:30am Kids Fun Run
9:00am 5K Run
Awards immediately following 5K race

WHERE: Due to construction at the Wyomissing Park System, the 2024 race will be held at Jim Dietrich Park. We are excited to hold our 2024 race at Jim Dietrich Park as there is plenty of parking for all runners and family.
4899 Stoudts Ferry Bridge Rd, Reading PA 19605

HOW: Applicant's may pre-register with the attached form or online at www.pretzelcitysports.com. Registrations are available the day of the run at Jim Dietrich Park. Early registrations are discounted and will be accepted if received prior to 11:59pm on November 8, 2024.

NOTE: T-shirts are guaranteed for all **5K early registrants**. Remaining shirts will be given to registered 5K participants on a first-come, first-served basis, honoring size requests to the best of our ability.

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REGISTRATION/FEES: Register using the entry form to the right or online at www.pretzelcitysports.com, with a nominal service fee.

Registration Details	5K Run (9:00am)	Fun Run (8:30am)
Early Registration By 11/8/24	\$35 shirt included	\$15—no shirt \$25—with shirt
11/9—11/27 <small>(online reg closes 11/25 @11:59pm)</small>	\$40 shirt IF AVAILABLE	\$15—no shirt
11/28/24 RACE DAY!	\$45 shirt IF AVAILABLE	\$15—no shirt

Early Check-in, Packet Pick Up & Registration: 11/25, 11/26 and 11/27/24 from 6:00-8:00pm at Berks Gymnastics Academy, 325 Morgantown Road, Reading, PA 19611. You may also check-in and pick up your packet at the venue on race day.

Results: Start/Finish line, chip-timing services and award determination by Pretzel City Sports. Results posted on www.pretzelcitysports.com.

Prizes: New And Improved Trophies for Overall Male & Female champions, 2nd and 3rd place. Medals to the top three male & female finishers in the following age brackets: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+. Fun Run participants will receive a goody bag.

Questions: email Matt Hottenstein at mhottenstein@gmail.com.

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RACE ENTRY FORM—Please Print Clearly—1/person

Last Name _____

First Name _____

Gender (circle): Male Female

Address _____

City/State/Zip _____/_____/_____

Date of Birth ____/____/____ Age on race day ____

Email: _____

Phone (____) _____-_____

Registering for (circle): 5K Run Fun Run

Shirt Size (circle): Youth: S M Adult: S M L XL XXL

Fee Enclosed \$_____ (checks payable to Berks Gymnastics Team and mail to or drop off form at: **BGT5K 325 Morgantown Rd, Reading, PA 19611**)

***** If running as a friend of one of our gymnasts, please provide the gymnast's name below:**
Gymnast Name: _____

Waiver and Release: I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands, and/or causes against the Berks Gymnastics Team and all other race sponsors for any personal injury which I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages to losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for any and all purposes.

Signature _____

Date ____/____/____

(If under the age of 18, a parent or guardian's signature is required.)

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Corporate sponsorships are still available for the Berks Gymnastics Flippin' Fun 5K Race. Please contact Jim Christie for additional details.

jslitz@hotmail.com

RACE PERKS...

- Bag Check
- Door Prizes
- Chip Timing
- Online Registration
- Race T-Shirt
- Scenic Course
- Fantastic Awards & Prizes

And...
Credit Card Payment on Race Day

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Race cancellation policy:

The Berks Gymnastics 5K Run Committee reserves the right to postpone or cancel the race in the event of inclement weather or other unforeseen circumstances.

We will make every effort to hold the race as scheduled; however, the safety of participants and volunteers is of paramount importance. In addition, if we are informed by local authorities that conditions are too dangerous, we may postpone or cancel the race.

In such cases, race fees will not be refunded. Free or reduced entry to next year's race may be provided at the discretion of the race committee.

Please provide a valid email address on the registration form in the event that we need to communicate important information regarding the race. We will use email for any race communications.



**Thank you for your support of
the Berks Gymnastics Team!**

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Please consider helping our local
community by bringing a non-perishable food
item and placing it in one of the bins marked
for the Berks County Food Bank.
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**The Berks Gymnastics Team
Proudly Presents
The 12th Annual
Flippin' Fun 5K Turkey Run**



**Thanksgiving Day
November 28,
2024 Fun Run @
8:30am 5K Run @
9:00am**