

Connor Dugan's Light of the Gap First Annual

Angel Chase 5k Run

& 1 Mile Fun Run & Walk

Sunday, Oct 6th 2024 10:00 A.M - Jim Thorpe, PA

"Until There Are None"

All proceeds to benefit DUI awareness and prevention in the greater Carbon County area

LOCATION: Penn Forest Township Recreational Park directly off Route 903 - Just south of Hickory Run Service Plaza off 476 and north of Penn's Peak. Registration & bib pickup begins @ 9:00AM. 5k starts at 10:00 a.m., 1 Mile Fun Run & Walk at 10:45AM.

COURSE: Flat but bendy gravel course with many turns, equal parts shaded and in the open. Clock at finish, refreshments at finish. Rain or shine. No refunds or mailed awards.

AWARD FOR 5K ONLY: One award for top male and top female as well as:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 3F 70+: 3M, 3F

AWARDS CEREMONY WILL BEGIN IMMEDIATELY AT 11:15AM.

Holographic stickers with the Connor Dugan's Light of the Gap logo will be given out to participants until we are out of stock! (Runners first, then walkers)

ENTRY PRICING (5K):

\$25 until September 18th, 2024 at midnight. From September 18th up to and including in person race-day registration cost will increase to \$30.

ENTRY PRICING (1M FUN RUN/WALK):

\$20 until September 18th, 2024 at midnights. From September 18th up to and including in person race-day registration cost will increase to \$25.

Optional Online Registration available at www.pretzelcitysports.com

(Nominal processing fee applies, closes at midnight, the Wed. of race week)

RACE DIRECTOR: Ed Condon - runningforrarecandies@gmail.com

MAKE CHECK PAYABLE TO "Connor Dugan's Light of the Gap"

MAIL CHECK & FORM BELOW TO: George Dugan - 9 Short Rd Jim Thorpe, PA 18229

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Connor Dugan's Light of the Gap, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__