

Conshohocken Brewing Company and the RUNegades are proud to present:



Shoes 'N Brews

26.2 KM "Metric Marathon"

(16.2 miles) October 6th, 2024

A FLAT, FAST, point-to-point race (solo or two-person relay) from the Conshohocken Brewing Company in Conshy to The Rec Room in Phoenixville!

PERFECT FOR MARATHON TRAINING and runners who WANT MORE THAN A HALF but are not quite ready for a full!

- **Start at the Conshohocken Brewing Company in Conshohocken**
- **Finish in Phoenixville near the Rec Room by CBC**
- **Enjoy an incredible after-party with a FREE BUFFET LUNCH at the Rec Room!**
- **All runners receive an artist-designed finisher's medal**
- **Those who register by 9/12 will receive a quality race-themed tech shirt**

For more information or to register online, go to RUNegades.com

Name _____ Sex _____ Age _____

Event (circle one) : Solo / 2-Person Relay If Relay, Team Name: _____

Shirt: Mens S / Mens M / Mens L / Mens XL / Mens XXL / Ladies S / Ladies M / Ladies L / Ladies XL

Phone # _____ Email _____

of Tickets for Return Shuttle Bus from Phoenixville to Conshy (include \$12.50 each): _____

of Spectator Lunch Buffet Tickets (for non-runners who want to enjoy the buffet) (\$15 each): _____

Waiver: In signing this entry I, for myself, my heirs, executors, and administrators release RUNegades, Inc., The Pennsylvania Running Company, LLC, Conshohocken Brewing Company, Second Wind Race Timing, and all event representatives and sponsors from liability to any and all injuries, damages, and/or claims of any description which might arise out of this event. I understand that running a race entails certain risks and I certify that I am healthy enough to compete in this activity. I have read and understand the aforementioned release and sign it voluntarily.

Signature: _____ Date _____

Parent/Guardian (if under 18)

Cost: Solo \$70 by 8/31; \$75 9/01-9/30 Relay Team: \$50 each by 8/31; \$55 each 9/01-9/30

Make Checks Payable to: Pennsylvania Running Company

To Submit entries via mail: PARC. 1129 Bateman Drive. Phoenixville, PA 19460