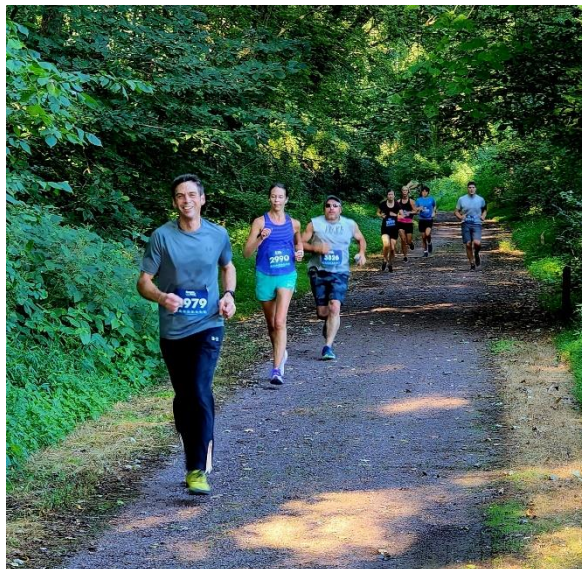


Join The RUNegades in Shickshinny, PA for the
PERFECT mid-summer race!



The Shimmy in Shickshinny

Half and Quarter Marathon

Sat. August 10th

[CLICK HERE TO REGISTER](#)

FAST, FLAT, and Shaded! Run along the west bank of the Susquehanna River in Luzerne County, PA on a course that is **90% shaded and has only 11 feet of total elevation change!**

Celebrate after the race at the local Five Mountain Brewing Company!

Earn a unique artist-designed finisher's medal!

T-shirts of all sizes are still available, but going fast!