

19th Anniversary

Fitzzy's Halloween 5K Run/Walk

Sunday, October 29, 2023 – 9:30 am (10:15 5K start)
Stone House Park, Wyomissing, PA 19610

NEW FOR 2023!

FOOD TRUCKS – *Comali Taqueria, Nonno Alby's, Sweet Ride, Perk Up, Tri BOBA and Tristan & Son's Cakes* providing delicious food and beverages including special fall treats and creations!

FREE CHILDREN'S TRICK OR TREAT DASH – Halloween candy, novelties, and a free treat bag for kids 12 & under! No registration or fee required!

OUR 5K COURSE – introduced last year, our new and improved course has a fast, flat finish!

FEATURING

- **CHIP-TIMED:** Fun, scenic, 5K course through Wyomissing parks, trails, and roads.
- **KID'S RUN:** .03 mile around the Stone House Pond, then Trick or Treat goodies!
- **SUPERVISED CHILD CARE:** for 2 yrs. old & up, so Mom & Dad can run worry free!
- **INDIVIDUAL & TEAM OPTIONS:** Team times will also count for age group awards!
- **HEALTH FAIR:** Core Health Chiropractic will be on-hand for pre/post-race tune-ups!
- **COSTUME CONTESTS:** For adults and kids – candy for adults and candy for all kids!
- **AWARDS:** Original laser-engraved “pumpkin” awards for overall, age group & teams

PROCEEDS BENEFIT

- **LOCAL FAMILIES:** caring for a seriously ill member by assisting with living costs.
- **BERKS STUDENTS:** scholarship programs for disadvantaged high school seniors.
- **BRFAIN TUMOR RESEARCH:** ABTA and other brain tumor research groups.
- **GIFT-OF-LIFE FAMILY HOUSE:** to support families in need of an organ transplant
- **CHILDREN'S PROGRAMS:** in cooperation with Berks recreation and police depts.

DON'T MISS OUT – REGISTER NOW!

[Fitzzy's 5K Registration](#)

[Event Brochure](#)

[Course Map](#)

**** Same day registration begins at 8:30****

Visit our website for more information about our 5K run and our Foundation:

www.LaurensFoundation.org