## "Frigid Digits 5k"

## Sat, Jan 4, 2025 \*\* 10 AM

## Trooper Thorn's Irish Beef House, Rt. 10, Reading, PA

LOCATION/COURSE: Trooper Thorn's Irish Beef House, 451 Morgantown Rd. (Rt 10), Reading, (1/2 mile off Lancaster Ave exit of the Rt. 422 Reading Bypass-go left after exit). Reg. opens at 9 AM. Race will be either on the Thun railtrail (1st choice) or on plowed streets across from Troopers; depends on whether snow is on the trail. 1st choice is flat and fast, 2nd choice is more rolling. Could also be a course using both the trail and nearby roads. Clock at finish, light snacks, instant results, great meals for purchase, loads of street parking, etc. Walkers welcome. Leashed dogs and strollers OK IF you're careful and start in the back, pass with care & allow others to pass easily.

ENTRY: Online registration is the only way one can enter due to our possible need to email everyone on any postponement or important race matter. Raceday entry available but no guarantee if the pre-race race premium will be available. Fee is \$28 if entered by Fri, Dec 13th, 2024 includes a winter wool-like hat or a fleece headband/ear-warmer (which one has yet to be determined). After that, \$34 up to and including raceday while the premium lasts, \$28 afterwards. Held rain, shine, snow or snow on ground. Includes a FREE SELECT BEER with each entry, accurate course, post race snacks, instant awards, door prizes. Reg opens at 9 AM. No refunds, mailed premiums or awards. Due to the longer lead time for hats versus shirts, we'll have to guess how many extra we'll need for late entries but we will be conservative with that estimate rather than get stuck with \$200 in extra hats. So PRE-ENTER, even after the price break ends!

Mandatory Online Registration Required on <a href="www.pretzelcitysports.com">www.pretzelcitysports.com</a> (closes midnight, the Wed of race week. nominal service charge applies)

**AWARDS:** 1st M & F + top 3 M & F in: 0-14 15-19 20-29 30-39 40-49 50-59 60-69 70-79 80+ **Clydesdales:** Top 3 M and F Clydes regardless of age. Qualifying Weight: M: 210 lbs. or over or 185 if 5 ft., 9 inches tall or less. F: 160 lbs. or over, 140 if 5 ft., 4 inches tall or less.

PLEASE NOTE: WE WILL POSTPONE THIS TO THE FOLLOWING SAT. <u>ONLY</u> IF THE ROADS ARE PRETTY MUCH IMPASSABLE; NOT if there is just 3-4 inches of snow on the ground. In the case of mega-bad raceday weather, check pretzelcitysports.com by 7 am that morning to confirm if the race is still "on".

Questions? Problems? Contact Frozen Head: Ron Horn, <a href="mailto:rhornpcs@aol.com">rhornpcs@aol.com</a> (for questions easily answered by email), or 610-779-2668 day or night for more complex inquiries

Insurance Provided by the R.R.C.A.