

Pretzel City Sports' newest nudie event (or run dressed if you like), the 1<sup>st</sup> annual

# JINGLE BALLS "CHRISTMAS IN AUG"

## Clothing Optional 5K Road Race & 1M Fun Run/Walk

Sunny Rest Resort, Palmerton, PA \*Sun, August 25<sup>th</sup>, 2019\*10 AM

**Race Dressed, Undressed or "In Between"—Holiday Accessories Encouraged!**

Most people lose a few lbs. when their running picks up in the summer. But we never get to see this "return to buff-ness" at Summer's end since our only road race is in June- **UNTIL NOW!!** Introducing the Jingle Balls "Christmas in August" 5k. Come race our rolling 2-lap course, while getting a last chance to end 2019 without tan lines. Most of our races have 125-175 open-minded runners/walkers show up, with 80+ % racing in varying states of "undress". Is THIS the year that you finally don't give a crap about what people think about you & your life-choices? Come see what it's like to run with less clothing on than normal. Or run fully dressed & laugh at others! If you're going to wear anything, **MAKE IT HOLIDAY-ORIENTED!** WE HAVE A PRIZE FOR THE M & F THAT DECORATES THEMSELVES IN THE MOST IMAGINATIVE WAY.

**Location:** Sunny Rest Resort, 20 miles North of Allentown PA. Just off NE Turnpike, near Palmerton. Free use of resort with each entry or admission: pool, hot tub, poolside bar, restaurant, night club, gym, trails, volleyball, tennis and lots more, **an almost \$60 value!** Clothing may be worn anywhere except in pool (may be dressed poolside) & hot tub.



**For room & camping reservations, call 610-377-2911 or visit the website [www.sunnyrest.com](http://www.sunnyrest.com)**

**Address:** 425 Sunny Rest Rd, Palmerton, PA 18071 (near exit 74 NE Ext of PA turnpike Rte 476 & 209 north)

**Awards:** Top two M/F +: 0-39:6M, 6F 40-49:4M, 4F 50-59:4M, 4F 60-67:3M, 2F 68-74+: 3M, 1F 75+: 2M, 1F

**Registration & Fee:** Reg opens at 9 AM, 5k & 1M at 10 AM, poolside award ceremony, Must be 18+ to enter race/facility unless with parents. Bring photo ID w/date of birth; family oriented resort but we want runners to feel at ease. **\$34 if mailed by Aug 12th, with a unique soft-style shirt to wear when you go to town & free entry into camp, itself a \$59 value. Afterwards, including raceday, \$39 while shirts last, \$33 when gone. SUNNY REST MEMBERS: \$25 till 8/12; \$30 after that till shirts run out; then \$24.** Clothed runners VERY welcome! **NOTE:** \$10 park entry fee for all spectators; all can use park till closing. **PART OF ENTRY FEE DONATED TO AMERICAN CANCER SOCIETY!** Snacks, instant results. No photos please! Runs thru heart of camp. Results put online using only first name, last initial, age, sex and state.

**Optional Online Registration Available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)**

(closes at midnight, Wed before the race-nominal service fee applies-very few extra shirts ordered over prereg total so enter before raceday!)

**Check Payable to & Mailed to (with waiver): PRETZEL CITY SPORTS, 112 W. 36TH ST., READING, PA 19606**  
**Worst Wiggle: Ron Horn, rhornpcs@aol.com , 610-779-2668, [www.pretzelcitysports.com](http://www.pretzelcitysports.com)**

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Shirt Size?: XS S M L XL 2X

Sex: M F Race Day Age \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Tel:(\_\_\_\_\_) \_\_\_\_\_ AM? PM? BOTH?  
(Under 18's must be accompanied by a parent or guardian) (circle one)

Email \_\_\_\_\_ Already get Run Update eNewsletters? \_\_\_ Yes \_\_\_ No

**Additional Donation Included for American Cancer Society (totally optional) \$ \_\_\_\_\_** WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, getting lost, wildlife and insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Sunny Rest Resort, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER.

Signature \_\_\_\_\_ Date \_\_\_\_\_, 20\_\_\_\_