"UGLY MUDDER"

6.55 MILE (HALF-A-HALF MARATHON) TRAIL RUN* READING, PA SUNDAY, FEB 23, 2025 * 10 A.M.

NOTE: BEFORE RACEDAY, WE HOPE TO MAKE TWEAKS TO THE COURSE THAT MAKE IT AN 11K OR 12K. STILL, IT'LL RUN A <u>LOT</u> TUFFER THAN THE LENGTH PUBLICIZED. POINT

Online registration <u>ONLY</u> so that we have a central source of emails to use for contacting people in the case of a postponement due to weather

Let's be downright honest! Not every baby that is born is CUTE! Some are somewhat "non-descript" and a few are even "beyond-ugly" (or, as it's known in the medical and dating fields, "Bugly"). Some have mishappened noggins from having a tough time "getting thru the chute". Others look more like a Shar Pei than a human. A few already display distinct family physical traits such as Uncle Leo's nose, on which you could do chin-ups. And NOTHING that poops pureed stools every 45 minutes should EVER be referred to as "Cute" The same goes for the trails used in the Ugly Mudder. Many of the trails on the hill overlooking Reading are beautiful and well maintained. But some of them are NOT; they've eroded into deep gullies or are littered with rocks/roots/leaves or go uphill/downhill at a 65% angle. Amazingly, Pretzel City has managed to put a BUNCH of these unsightly pathways end to end to form one of the ugliest trail runs you can find. Sure, there will be brief glimpses of scenic beauty and woodland serenity. But these will be periodically interrupted with long sections of trails littered with toe-stubbers, pieces of urban structures long since collapsed, poorly defined sections due to lack of use, etc. In short, the Ugly Mudder is not TOTALLY ugly, but IT'S DAMN CLOSE!!! The course is almost entirely different from our Chilly Cheeks course and about 25% easier, mostly due to fewer outrageous uphills and technical downhills. But that is not to say that it's EASY! You'll find out that it's VERY possible to sweat like a pig even though it's only 17 degrees outside. Yet, it can be finished by ANYONE that can walk from WAWA's kiosk where you order your shortie to the counter where you pay for it. AND, like all of our trail races, it has perks like unique aide stations with alternate beverages, a course that even the "dimmest" of you could follow, tons of awards, memorable shirts, hot & cold food, a covered finishing area, a cash bar, etc. A FUN day in the Pretzel Capital of the Free World! NOTE! YOU ALONE ARE RESPONSIBLE FOR YOUR SAFETY AND WELFARE IN THIS RACE! Knick a knee? Limp to an aide station so we "drive" you rather than "carry" you back. Get lost? Try to find your way back before our NEXT trail run on the same mountain in May. Those discouraged from attending include those under 14 that can't run by themselves, people that thinks that eating Oysters makes you better in bed and anyone who isn't confused about "how" or "why" Snoop Dog became the "face" of the 2024 Olympics?

Registration on www.pretzelcitysports.com required

(small service fee applies, closes at midnight on Wed the week of the race. Availability of race day signup highly probable)

LOCATION/REGISTRATION: Reading Liederkranz German Club, 140 Spook Lane, Reading, PA. Reg. opens at 8:45 a.m., race at 10. WITH LONG SLEEVE TECH SHIRT Fee: \$40 if entered by Thurs, Feb 6, 2025. Afterwards, \$45 while shirts last; (including raceday), \$40 when gone. WITH NO SHIRT Fee: \$35 if entered by Thurs, Feb 6th, 2025. Afterwards, \$40 (including raceday). We race in rain, snow or bitter cold yet on rare occasions, we MUST postpone it. Check our site above after 6 AM the day of the race <u>ONLY if roads</u> are pretty much impassable (not just a little "sub-par"). If postponed, it'll be THE NEXT <u>SUNDAY</u> same time, same place. No refunds, mailed shirts or awards, no outside alcohol allowed on site.

<u>YOU GET:</u> Long sleeve tech shirt; sizes S thru 2X with a memorable design and no sponsors on the back, indoor toilets, lots of goodies at the finish line, WELL marked course, plenty of parking, 2 water stops with varied drinks, finish place posted immediately & results on www.pretzelcitysports.com the 1st business day after the race, EMS on site, hot & cold grub. Cash bar at the finish where you can hydrate before the race or rehydrate after the race; some people do both.

<u>AWARDS</u>: 1st & 2nd Top M & F plus: 0-39: 5M, 5F 40-49: 4M, 4F 50-59: 4M, 4F 60-69: 4M, 4F 70+: 3M, 2F Clydesdale Awards: Top 3 M & F. Men: min. of 210 lbs. or 185 if 5 ft., 9 inches tall or less. Women: min. of 160 lbs., 140 if 5 ft., 4 inches tall or less. Honor system; but wear bulky clothes to dispel suspicion!

Questions? Problems? Contact the Ugly Head: Ron Horn, <u>rhornpcs@aol.com</u>, 610-779-2668 day or night. But NOT while the Eagles are playing in the Super Bowl. Insurance Provided by Road Runner Clubs of America (R.R.C.A.)