



*Colonial Park Fire Co. 6th Annual 7<sup>th</sup> Alarm 5k  
1 Mile Fun Run*

*October 2<sup>nd</sup>, 2016 10 am Start*

*Registration Opens @ 8:30am 433 S. Houcks Rd, Harrisburg PA 17109*

[www.colonialparkfire.org](http://www.colonialparkfire.org)

[www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**Online registration closes Wednesday September 28, 2016 at midnight. Nominal fee applies.**

**T-shirt guarantee if registered by September 14<sup>th</sup>, 2016**

WHEEL MEASURED rolling road race starting and ending at CPFC following residential streets of CPFC primary run district with VERY VISIBLE COURSE MARKINGS and assistants at intersections. Fun Run will begin immediately after 5K begins.

Prizes will be awarded to the overall top male and female finishers, and the top finishers in each of the following age groups, both male and female (no duplication) U15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over. \*\*Unique awards for overall Top male and female winners\*\* New unique awards for the Top winners of each age Division  
\*NOT YOUR AVERAGE MEDALS any questions call Kelly Lemmons @ 717-215-5549

**Refreshments will be provided for all race participants at the Fire House prior to the race. A BBQ lunch will also be provided after the race during our annual open house.**

Race Registration Form Run Information: (Check event entered)

5K or  1 Mile Fun Run With Shirt (\$20)  5K or  1 Mile Fun Run No Shirt (\$15) Shirt Size: (Check One)  S  M  L  XL  
Add \$5 to all registrations after Sept. 14, Shirts available while supplies last.

Runner's Information:

Male  Female Age on Race Day: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ email: \_\_\_\_\_

In consideration of your permitting me to participate in this event, on behalf of myself, my heirs, executors, administrators, successors and assigns, I hereby waive and release COLONIAL PARK FIRE CO. of all rights and claims for damages which I may have against you or your assigns, Lower Paxton Township, in which the event occurs, or anyone connected with the event, their heirs, executors, administrators, successors, and assigns, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any photos, audio or visual recording for any lawful purpose.

**NOTE: Volunteers will be on hand to guide participants; however, roads will be open to traffic.**

I have read & understand the above waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature if under 18 years of age:

Date: \_\_\_\_\_

Please make checks payable to Colonial Park Fire Co. Please mail completed form post marked by September 20<sup>th</sup>, 2016 w/ payment to: Colonial Park Fire Co. 5k, c/o Kelly Lemmons, 433 S Houcks Rd, Harrisburg PA 17109