

Melissa Edwards
8th Annual 5K Memorial Run/Walk 2016
Saturday, April 23, 2016 at 10:00 am

This 5K Run/Walk is held in memory of Melissa Edwards, a Conrad Weiser teen who died in a tragic car accident in 2008. Melissa loved books and was an avid reader, as well as a library volunteer. All proceeds go to the Womelsdorf Community Library in Melissa's memory.

Date: Saturday, April 23th at 10:00 am Rain or Shine

Description: Asphalt road course with rolling hills in scenic Womelsdorf. Course is well marked with traffic control at busy intersections. This event is for all ages and abilities.

Location: LJ's Fitness, 102 North 3rd Street, Womelsdorf, PA 19567. The Run/Walk begins and finishes at LJ's, with parking provided and inside restrooms available.

Entry Fee: Pre-Registration Fee: \$20.00 if preregistered by April 12th (Includes a free souvenir t-shirt).

\$25.00 Registration fee after April 12th, including Race Day

Children under 12 Free (Must be accompanied by a registered Adult)

Registration: Registration forms available at LJ's Fitness and the Womelsdorf Community Library. Registration forms may be downloaded online at www.berks.lib.pa.us/womelsdorfcl/ or www.pretzelcitysports.com. Forms and payment (cash or check made payable to the Womelsdorf Community Library, reference: Memorial Run) may be delivered or mailed to:

Womelsdorf Community Library 203 West High Street, Womelsdorf, PA 19567 610-589-1424

LJ's Fitness 102 North 3rd Street Womelsdorf, PA 19567 610-589-5213

Registration with payment by credit card can be done online at www.pretzelcitysports.com. (Nominal processing fee applies.

On-line registration ends at Midnight on April 20th)

Awards & Amenities: Top overall male and female runners and the top three runners in each of the following age groups for men and women will receive awards: 18 and under, 19-29, 30-39, 40-49, 50-59, and 60+. Refreshments and lunch will be provided after the run. Cool weather usually calls for soup and chili, with lots of yummy desserts.

Directions: Womelsdorf is located halfway between Reading and Lebanon, at the intersection of 422 and 419 (also known as 3rd Street), turn South on 419 at the traffic light. Drive 3 blocks, LJ's Fitness is on the right.

Questions: Contact LJ's Fitness at 610-589-5213

Melissa Edwards 5K Memorial Run/Walk Registration

Name _____ Age on Race Day: _____
Address _____ Gender: Male _____ Female _____
City _____ State _____ Zip _____
Phone _____ email _____

A souvenir shirt will be given to paid participants who pre-register by 4/12/2016.

Would you like a t-shirt? _____ Yes _____ No

Shirt sizes: S M L XL XXL (circle one)

Registration Fee: \$20.00 by April 12, \$25.00 after April 12.

All participants must sign a waiver prior to the race. Participants under 18 years of age must have release signed by parent.

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Womelsdorf Community Library/LJ'S Fitness, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Womelsdorf Community Library/LJ'S Fitness to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature and Date _____