



# Special Soles 5K Run/Walk

## And Kid's 1/4 Mile FUN Run Walnutport, PA

**Saturday, April 9, 2016**

**9:30AM 5K / 10:15 Kids Fun Run**

**WHO:** Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course.

**WHAT:** The Special Soles 5K is a fund raiser for the Carbon Lehigh Special Needs Children's Foundation which benefits the students served by the Carbon Lehigh Intermediate Unit #21.

**WHERE:** The CLIU #21 Transportation Center which is located at 4850 W Mountain View Drive, Walnutport, PA 18088. The course will begin near the property entrance; do 2 laps around the property, zig-zag around the buses, and finish near the CLIU #21 sign on Mountain View Drive.

**WHEN:** Saturday, April 9<sup>th</sup>, 2016  
8:00 a.m. – Registration begins  
9:30 a.m. – 5K Run begins  
10:15 a.m. – Kids Fun Run begins (1/4 Mile, 10 & Under)  
10:30 a.m. – Award presentation at finish line

**HOW:** Optional Online Registration Available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (nominal service fee applies, closes at midnight, the Wednesday before race day), or complete the form below and submit a \$20 check/money order to the Carbon Lehigh

Special Needs Childrens Foundation, Attn. Val Rex, by March 26<sup>th</sup> to receive a Special Soles 5K T- shirt. The fee for entries received after March 26<sup>th</sup> and Race Day, is \$25 while T-shirts last. Size requests will be honored to the best of our ability but size may be substituted. Registration will also include a raffle ticket for various prizes.

**RESULTS:** Finish line and timing service by Pretzel City Sports. Race results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**AWARDS:** Plaque and \$25 will be presented to Overall Male and Female Champion. Plaques presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 0-18 years, 19-29, 30-39, 40-59 years, and 60+ years.

**DIRECTIONS:**

- The CLIU #21 Transportation Center is located at 4850 W. Mountain View Drive, Walnutport, PA 18088.
- Registration will be located near the transportation building entrance.

**REMEMBER:** Pin your number to your shirt FRONT leaving the bottom portion unpinned so it can be removed as you cross the finish line. This is very important!

**REGISTRATION: Special Soles 5K** Optional Online Registration Available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (nominal service fee applies, closes at midnight, the Wednesday before race day) Or Complete this portion. Detach and mail. Include \$20 early registration fee before March 26<sup>th</sup>. Late registration fee \$25. Checks payable to Carbon Lehigh Special Needs Children's Foundation  
Select: 5K Run/Walk \_\_\_\_\_ Kids 1/4 Mile Fun Run (10 & Under) \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_  
Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
E-mail address \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

T-shirt size (circle one)  
**Youth L M S**  
**Adult S M L XL XXL**

**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to CLSNCF, CLIU #21, the Boroughs of Walnutport, Lehigh Township, and those in their employ, the Counties of Carbon, Lehigh, and, Northampton, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or guardian's signature if less than 18 years of age.)

**Please make checks payable to Carbon Lehigh Special Needs Children's Foundation. Attn Val Rex,  
and mail to: 4210 Independence Drive, Schnecksville, PA 18078  
(610) 769-4111- rexx@cliu.org**