

# Wilson Wrestling Tough Turkey 5K/1 Mile Run

(Wilson Southern Middle School Campus and Streets of Spring Twp.)

**Sunday, November 27, 2016~9:30 AM~5K / 1 Mile Fun Run**

**WHO:** Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

**WHAT:** The Tough Turkey 5K is a fund raiser for the Wilson Wrestling Booster Club. **Flat, fast course.**

**WHERE:**

- Wilson Southern Middle School is located at **3100 Iroquois Ave., Sinking Spring, PA 19608**
- Registration will be at the school

**WHEN:** Sunday, November 27, 2016

8:30 a.m. – Registration and check in

9:30 a.m. – 5K

10:15 a.m. – 1 mile Fun Run

10:45 p.m. – Award presentation and give a-ways

**HOW:** To register, complete the form below and submit a \$25 check/money order to **Wilson Wrestling Booster Club** by November 7th to receive a Tough Turkey (short sleeve) TECH t-shirt. **The fee for entries received after November 7th and Race Day, is \$30.** T-shirts available for registrations received after November 7th, while supplies last. Size requests will be honored to the best of our ability but size may be substituted if available.

**Optional Online Registration Available at**

[www.pretzelcitysports.com](http://www.pretzelcitysports.com)

(nominal service fee applies, closes at midnight, the Wednesday before race day)

**RESULTS:** 1, 2 and 3 mile marked. Finish line and timing service by Pretzel City Sports. Race results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**AWARDS:** Awards will be presented to Overall Male and Female Champion, *Youth Wrestler, Junior High Wrestler and High School Wrestler*, top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60+ years.

**Race Course:** Wilson Southern Middle School Campus. The course will begin on the school grounds and streets around the school.



**REGISTRATION: Wilson Wrestling Tough Turkey 5K/1 Mile Run:** Complete this portion. Detach and mail. Include \$25 **early** registration fee by November 7th, **after November 7th, fee is \$30, shirts not guaranteed.** Checks payable to **Wilson Wrestling Booster Club**, Or pay on-line at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

Select: RUNNER / WALKER-fun run Youth Wrestler Jr. High Wrestler High School Wrestler

Name \_\_\_\_\_ Address \_\_\_\_\_  
Please print CLEARLY  
 Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 E-mail address \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

T-shirt size (circle one)
Youth S M L
Adult S M L XL XXL

**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials, Pretzel City Sports and volunteers, any and all sponsors including, but not limited to Wilson Wrestling Booster Club, the Township of Spring and those in their employment, the County of Berks and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or guardian's signature if less than 18 years of age.)

**Please make checks payable to Wilson Wrestling Booster Club and mail to: Robert Stichter, 35 West Lancaster Ave., 1<sup>st</sup> Flr Rear, Shillington, PA 19607 484-256-1881-toughturkey2016@aol.com**

