



**Saturday, September 10, 2016**

**40<sup>th</sup> YEAR!!!**

**8:30am Fun Walk/ Run 9am 5K**

**WHO:** Runners of all ages. Fun run/walk open to kids  
**WHAT:** The Reamstown Days 5K and Fun Run is a fund raiser for the Reamstown Memorial Park, and Acts of Love

**WHERE:** Reamstown, PA. Between Ephrata and Adamstown. Near the interchange of Rt 222 and the PA turnpike Rt 76. Rt 272 South to Church Street. Starting in the Reamstown Park near the pavilions, through Reamstown and surrounding areas, finish at the starting area. Fun run/walk is through park.

**WHEN:** Saturday, September 10, 2016  
 8:00 a.m. – Registration begins  
 8:30 a.m. – 1 mile Fun Run Walk begins  
 9:00 a.m. – 5K Run begins  
 10:00 a.m. – Award presentation at finish line

**HOW:** Register on line at [www.pretzelcitysports.com](http://www.pretzelcitysports.com), or Active.com, or complete the form below and submit a \$25 check/or money order for 5K to Reamstown Memorial Park by August 31st to make sure you receive a 5K shirt. The fee for entries received after August 31st and Race Day, is \$30. Size requests will be honored to the best of our ability but size may be substituted. Fun Walk Run is \$5 in advance, \$7 day of race.

**RESULTS:** 1, 2 miles marked. Finish line and timing service by Pretzel City Sports. Race results posted on [www.pretzelcitytiming.com](http://www.pretzelcitytiming.com)

**AWARDS:** Overall male and female winners, Runner up male and female. Overall male and female masters (40 and over). One award for male and female in each age group, 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+.

**DIRECTIONS:**

- Reamstown Memorial Park is located on Church Street in Reamstown, PA 17567. Entrance by the community bldg. on Church Street.
- Registration will be located near the pavilion

**\*Acts of Love is a community outreach summer lunch program that benefits local children and their families.**

**REGISTRATION: Reamstown Days 5K and Fun Walk Run** register online at Active.com or Complete this portion or. Detach and mail. Include \$25 early registration fee before August 31st. After August 31st, registration fee is \$30. Fun Walk/Run \$5 before Aug 31st, after is \$7. Checks payable to **Reamstown Memorial Park**

Select:                      5K                                      Fun Walk/Run                                      Team Name (Optional) \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_  
 Phone \_\_\_\_\_ *Please print* City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

T-shirt size ( <i>circle one</i> )
<b>S M L XL</b>

E-mail address \_\_\_\_\_ Age (*on Race Day*) \_\_\_\_\_ DOB \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Reamstown Days, the Boroughs of Reamstown, the Townships of East Cocalico and those in their employ, the Counties of Lancaster, Acts of Love and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
*(Parent or guardian's signature if less than 18 years of age.)*

**Please make checks payable to Reamstown Memorial Park and mail to:**  
**Dona Reber, 35 School Lane, Stevens, PA 17578**  
**Questions? Dona Reber, (717) 335-2950 – [dona.reber@gmail.com](mailto:dona.reber@gmail.com) and check out [www.facebook.com/ReamstownDays5K](http://www.facebook.com/ReamstownDays5K)**

**How did you hear about us?**  another race  mailing  store posting  friend  email  other