

MT PENN ROTARY

PRESENTS

THE 4th ANNUAL

5k and Fun Run to Benefit Exeter and Antietam Scholarships and STEM educational programs

Notice New Award Groupings!!!

Saturday, November 19, 2016

STARTING AND FINISHING AT EXETER HIGH SCHOOL STADIUM

LOCATION/REGISTRATION: Exeter Township Senior High School, 201 East 37th St. Registration will start at 7:45. 5k will start at 9 am and kids fun run starts at 9:45.

COURSE: Wheel measured course; FAST COURSE both road and track. Great PR race! Kids race will be wheel measured this year as well!

AMENITIES: Quality long sleeve tech shirt to all pre-registered 5k participants. Cotton T-shirt and medals for all One mile fun run participants who are pre-registered. Great goodie bags for all participants. Held rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 5-6 days. Indoor bathrooms and refreshments after race.

AWARDS: Quality sweatshirt to all pre-registered participants and award and shirt to all fun run participant. Ages 8 and under 3 male, 3 female, 9-14-3 male, 3 female, 15-19- 3 male, 3 female, 20-24- 3 male, 3 female, 25-29 3male, 3 female, 30-34- 3 male, 3 female, 35-39 3male, 3 female, 40-44-3 male, 3 female, 45-49, 50-54-3 male, 3 female, 55-59-3 male, 3 female, 60+ 3 male, 3 female

ENTRY: For 5k: \$28 if by November 5th. Kids Fun Run is \$10 if postmarked by November 5thnd. Afterwards, inc. day of race, \$33for 5k runners, \$15 for kids fun run. Tech shirts to all 5k runners & t-shirt for fun runners who are pre-registered. Shirts are available the day of the race but not guaranteed. Goodie bags for all. Optional Online Registration Available at www.pretzelcitysports.com (nominal service fee applies, closes at midnight, the Wednesday before race day)

MAIL CHECK PAYABLE TO "The Mt. Penn Rotary" & FORM BELOW TO: Marie Unger, 4660 Dunham Drive, Reading,PA 19606. RACE DIRECTOR: Marie Unger, (610) 587-5722, buddyluv1199@aol.com

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K KIDS Sex: M F Phone: (____) _____ A.M. or P.M.??

Shirt Size (circle one): S M L XL email _____ @ _____

Already Getting Emails from Pretzel City Sports Regularly?? _____ Yes _____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Exeter Township School District, Mt. Penn Rotary and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

signature _____ date ____ / ____ / 2016