

## Friday July 15, 2016 @ 7:00pm

LOCATION/REGISTRATION: Starts at Montgomery County Community College 101 College Avenue, Pottstown PA 19464, Registration/number pickup at Riverfront Park 140 College Drive beginning at 6pm Race Day. Starts in front of the College and Finishes at Riverfront in Pottstown. (Do not Park in the College Parking Lots)

AMENITIES: Tech T-shirt guaranteed to all pre registrants Time clock at finish and instant results. Races will be run rain or shine. No refunds or mailed awards. Free beer with your Bib on Saturday at the Half Marathon Post Race Party. Results on <u>www.pretzelcitysports.com</u> in 1-2 days.

AWARDS: Awards for 1<sup>ST</sup> male & female plus top 3 M & F in 14 & Under 15-19 20 -29, 30-39, 40-49, 50-59 60+

ENTRY FEE: \$25 if postmarked by July 3, includes tech shirt. Afterwards, including race day, \$30 shirt based on availability. If a Member of the Sly Fox Track Club those prices are \$20 by July 3; \$25 afterwards.

Sly Fox Track Club Membership is \$25 Annually.

**Optional Online Registration Available at www.pretzelcitysports.com** 

(nominal service fee applies, closes at midnight, Wednesday, July 13)

MAIL CHECK PAYABLE	484/941-19	52/ Email: <u>Slyfoxtrac</u>	kclub@gmail.com	
Last name		First name		_
Address				
City/State	Zip	Race day age:		Date of birth <u>/ /</u>
Sex: M F Phone: (	)	A.M.	or P.M.??	
Tech Shirt Size (circle one): S M	ALXL	email		@
Already Getting Emails from Pref WAIVER: I know that running a road race is a potentially	• •			

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City, Sly Fox Track Club, Burrough of Pottstown,Sly Fox Brewing Company,Pottstown YMCA and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature

YMCA 5K

Date /

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