

Pegasus 1st Annual 5K Trot in the Park & 1 mile FUN RUN Philadelphia, PA

Saturday, October 1, 2016

9:00 AM 5K / 9:15 AM Fun Run

WHO: Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

WHAT: The Pegasus Trot in the Park 5K and 1 mile fun walk/run is a fundraiser for Pegasus Therapeutic Riding Academy, a therapeutic horseback riding program for children and adults with disabilities located in Pennypack Park in Northeast Philadelphia

WHERE: Pennypack Park (Pine Road Entrance), PA. The course will be on the paved trail through Pennypack Park.

COST: \$25 for 5k and \$20 for Fun Run which includes a T-shirt. Participants may donate additional amount to benefit Pegasus TRA when registering. Any registration received after September 24, 2016 will not include T-shirt. Race day registration will be limited. Size requests will be honored to the best of our ability but size may be substituted

WHEN: Saturday, October 1, 2016

8:00 a.m. – Registration begins

9:00 a.m. – 5K Run/Walk begins

9:15 a.m. – 1 mile Fun Run begins

10:00 a.m. – Award presentation at finish line

REMEMBER: Pin your number to your shirt FRONT leaving the bottom portion unpinned so it can be removed as you cross the finish line. This is very important!

HOW: To register, complete the form below and submit a \$25 check/money order to Pegasus TRA by September 24, 2016 on our race link that can be found at PegasusTherapeuticRidingAcademy.com or on our Facebook page, Pegasus Riding Academy. Any registration received after September 24, 2016 will not include T-shirt. Race day registration will be limited. Size requests will be honored to the best of our ability but size may be substituted.

RESULTS: 1, 2 and 3 mile marked. Finish line and timing service by Pretzel City Sports.

Race results posted on www.pretzelcitysports.com

AWARDS: Medal and \$25 will be presented to Overall Male and Female Champion. Medals presented to top three (3) Male and top three (3) Female finishers in each of the following age buckets: 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+years.

DIRECTIONS:

- Race will start at Pine Road Entrance of Pennypack Park (8835-8869 Pine Rd, Philadelphia PA, 19111)
- 1 mile north of Rhawn St. on Pine Rd. diagonally across the street from Fox Chase Farm, between Shady Lane and Moredon Rd./Bloomfield Ave.

- **Info? (215)742-1500 or**
PegasusTeresa@comcast.net

REGISTRATION: Pegasus Trot in the Park 5K Complete this portion. Detach and mail. Include \$25 registration fee for 5K or \$20 registration fee for 1 mile FUN RUN by September 24, 2016. Checks payable to Pegasus TRA.

Select Race (please circle): 5K runner 5k walker 1 mile FUN RUN

T-shirt size (<i>circle one</i>)				
Youth	S	M	L	
Adult	S	M	L	XL XXL

Name _____ Address _____

Please print

City _____ State _____ Zip _____ Phone _____

E-mail address _____ Age (*on Race Day*) _____ Male _____ Female _____

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Pegasus TRA, the Board of Directors of Pegasus TRA, The City of Philadelphia, and the Parks and Recreation Department of the City of Philadelphia from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the roads; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature _____ Date _____

(Parent or guardian's signature if less than 18 years of age.)

Please make checks payable to Pegasus TRA and mail to: Pegasus TRA, 8297 Bustleton Ave., Philadelphia, PA 19152

A copy of the official registration and financial information of Pegasus Therapeutic Riding Academy, Inc. may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.