



Deep Run Mennonite Church East Presents Strides for Mission 5K Run/Walk Saturday October 15, 2016

9 a.m. in Bedminster Township, PA. – Rain or Shine

All proceeds will support Worthwhile Wear, an organization based in Silverdale, Pa. that works to reach and restore girls from forced prostitution and help prevent girls from ever entering it – both internationally and domestically.

Location/Registration: Starts at Deep Run Mennonite Church East at 350 Kellers Church Road in Perkasio, PA. Registration/number pickup at church gym off of Kellers Church and Deep Run Roads starting at 8:30 a.m. 5K begins at 9 a.m.

Amenities: Short sleeve t-shirts for the first 100 5K Run/Walk pre-registrants. There will be refreshments for finishers, indoor toilet facilities, ample parking, time clock at finish and instant results. Results will be posted on www.pretzelcitysports.com in five to six days.

Awards: Awards will be given to first male and female overall finishers and the top male and female in each age group as follows: 12 yrs and under, 13-19yrs, 20-29yrs, 30-39yrs, 40-49yrs, 50-59yrs and, 60yrs and over. No mailed awards.

Runners Entry Fee: \$20 if postmarked by Sept 28, 2016. After and including day of race, \$25 while shirts last, \$20 with no shirt. All runners must register and pay fee. Runners under 10 Free with Mail in Registration ONLY, All runners must register

Walkers Entry Fee: \$20 if postmarked by Sept 28, 2016. After and including day of race, \$25 while shirts last, \$20 with no shirt. Walkers under 10 free with Mail in Registration ONLY, All walkers must register

Race Route: The race will begin at 350 Kellers Church Road to Deep Run Road to Cabin Run Road to Scott Road to Kellers Church Road to Deep Run Mennonite Church East parking lot.

General Directions: From Doylestown – Travel North on Route 611 to Plumsteadville. Proceed through the first, second and third traffic lights (Stump Road intersection). About 100 yards past the third light, turn left onto Kellers Church Road. Proceed on for more than one mile and the church will be on the left.

From Route 202/New Hope – Take Route 202 West to Route 413. Turn right and go North on Route 413. At a four-way stop in Pipersville (Pipersville Inn is on the left), turn left and follow signs to Route 611. Cross over Route 611 onto Deep Run Road and follow it about two miles to a stop sign at the intersection of Kellers Church Road – church will be on left.

From Allentown/Route 309 – Take Route 309 South to Route 113. Go East on Route 113 through Silverdale and Blooming Glen. Continue on Route 113 through the traffic light at the intersection of Routes 113 and 313. Turn right onto Elephant Road. Immediately turn left onto Irish Meetinghouse Road and proceed until you come to a stop sign. Go straight ahead and Deep Run Mennonite Church East is on the right.

Payment: Pay total with one check payable to **Deep Run Mennonite Church East** (in the Memo line designate Strides for Mission 5K) and mail to Deep Run Mennonite Church East, 350 Kellers Church Road, Perkasio, Pa., 18944. Registration fees are non-refundable. For more information, visit www.deepruneast.org or call 215-766-8380. **Optional Online registration at: www.pretzelcitysports.com (closes midnight, the Wed before the race, nominal service fee applies).**

Please Print Clearly

Last Name _____ First Name _____

Address _____

City/State _____ Zip _____ Race Day Age: _____ Date of Birth ____/____/____ Sex: M F

Phone: (____) _____ Shirt Size (circle one): S M L XL E-mail _____@_____

Participation Agreement: In consideration for the opportunity to participate in the above activity, the Participant (or parent / guardian if Participant is a minor) acknowledges and accepts the risks of injury associated with participation in and transportation to and from the activity. The Participant (or parent / guardian) accepts personal financial responsibility for any injury sustained during the activity or during transportation to or from the activity. Further, the Participant (or parent / guardian) promises to indemnify, defend, and hold harmless the activity sponsor or its agents, employees, volunteers, or any other representatives (including activity sponsors) for any injury related directly or indirectly out of the described activity or transportation to or from the activity, whether such injury arises out of the negligence of the sponsor or otherwise.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent / guardian) agrees to resolve the matter through a mutually acceptable alternative dispute resolution process. If the Participant (or parent / guardian) and the sponsor cannot agree upon such a process, the dispute will be submitted to a three-member arbitration panel of the American Arbitration Association for the final resolution.

Signature: _____
(Participant or parent / guardian if participant is a minor)

Date: _____