

The Reidenbaugh PTO is hosting the 1<sup>st</sup> Annual

# Superhero Run for Reidenbaugh 5K

and 1,000 meter Kid's Fun Run

Saturday, Oct 1, 2016

9 a.m. (10:30 a.m. Fun Run)

*"Raising money to bring new clubs and events to Reidenbaugh Elementary"*



**LOCATION:** Reidenbaugh Elementary School, 1001 Buckwalter Rd, Lititz PA 17543.

-Packet pickup: Reidenbaugh, Friday, 9/30 from 5 – 8 p.m. and 7:30 a.m. race day.

-T-shirt deadline: 9/15

-Come dressed as your favorite superhero

-Rain or shine

-No refunds or mailed awards

**COURSE:** Road run

**AWARDS:** Separate awards for male and female winners. Prizes for top finishers in each age group.

-Age groups: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+

-Overall Male and Female finishers

-Overall Best Costume Student and Adult

-Prizes include Medals (2<sup>nd</sup> and 3<sup>rd</sup> place), Gifts Certificates (1<sup>st</sup> place) and Fun Run medals.



**ENTRY:** (same price for 5K and fun run)

-\$15 for students of Manheim Township 12 and under, price goes to \$20 on 9/16

-\$25 for all other participants, price goes to \$30 on 9/16

## Optional online registration available on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

(nominal processing fee applies, closes at midnight the Wednesday before the race)

**MAIL CHECK PAYABLE TO "Reidenbaugh PTO" & FORM BELOW TO:**

Reidenbaugh Elementary School, 1001 Buckwalter Rd, PA 17543

**Race Directors:**

Rebecca Stanion, 732.330.9176, [rebeccas1222@yahoo.com](mailto:rebeccas1222@yahoo.com), Missy Oswald, 717.330.2974, [missyoz.maz@gmail.com](mailto:missyoz.maz@gmail.com)

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex: M F Race: 5K or Fun Run Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Kids shirt Size (circle one) : S M L XL Adult shirt Size (circle one) : S M L XL

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_ (print clearly)



**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Manheim Township, Manheim Township School District, Reidenbaugh PTO and it's members, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation.

I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_