



Lititz 5K for Life

Lititz, PA

Saturday, October 22, 2016

8:00AM

Runners and walkers of all ages, join us for the first annual "Lititz 5K for Life." Proceeds will go to A Woman's Concern, House of His Creation, and North Star Initiative.

REGISTRATION:

Complete the form below to register. Submit a \$25 check/money order to "St. James Church" by October 8, 2016 to receive a "Lititz 5K for Life" t-shirt. After October 8th, the fee increases to \$30, and shirts will be available while supplies last. Children under 10 are free.

LOCATION:

St. James Church: 505 Woodcrest Avenue Lititz, PA 17543.

RACE DAY:

Registration begins at 7:00 AM. Race begins at 8:00 AM.

OPTIONAL ONLINE REGISTRATION:

Available at www.pretzelcitysports.com (Nominal service fee applies/closes at Midnight, Wednesday, October 19, 2016).

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted by the end of the next business day after the event at:

www.pretzelcitysports.com

REGISTRATION: 5K for Life -Complete this portion, detach, and mail. Preregistration: \$25. After October 8th: \$30.

Name _____ Address _____

City/State _____ Zip _____ Phone _____

E-mail _____ Date of Birth _____

Race Day Age _____ Male ___ Female ___

<p>Adult Shirt Size (circle one):</p> <p>S M L XL</p>
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RELEASE FORM (Mandatory):

I understand that participating in this event is potentially hazardous, and that I will not enter and participate unless I am medically able and trained properly. I assume full and complete responsibility for any injury or accident which may occur while I am traveling to, from, or while participating in this event, including but not limited to falls, contact with other participants, and effects of weather, traffic, and conditions of the road. On behalf of myself, my heirs, executors, administrators, successors, and assigns, I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with the event, their heirs, executors, administrators, successors, and assigns, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant permission to all of the foregoing to use my photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Entrant _____ Date _____

Parent/Guardian Signature _____ Date _____

(IF UNDER 18 YEARS OF AGE)

Please make checks payable to: "St. James Church" and mail to St. James Church c/o 5K for Life 505 Woodcrest Avenue, Lititz, PA 17543