



**Service
Dogs**
your way of living

UDS Service Dogs Program of Lancaster, PA present the 3rd Annual

5K Cause for Paws Saturday, June 18, 2016

~ NEW this year: Professional timing services by Pretzel Time Sports of Reading, Pa. ~
Run proceeds benefit the UDS Service Dogs Training Program

WHO: Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

WHAT: HACC Lancaster Campus offers a safe and secure route for you, your family, friends, co-workers and your furry four legged friend.

The course starts over a bridge, winds around trees and then winds through the campus parking lot (empty of cars). There is an incline for those wishing for the extra effort yet easy for those with strollers or wheelchairs to maneuver safely. The course is run 2 times for the full 5K.

WHERE: Participants may pre-register (application below) or register the day of the run. Registration takes place at the Harrisburg Area Community College, Lancaster Campus beginning at 8:00 a.m. HACC Lancaster Campus is located at 1641 Old Philadelphia Pike, Lancaster, PA (We ask participants to use the Pitney Road entrance, follow the "PAW" signs. Volunteers will be on hand to assist you with parking instructions. Award presentations made following the run at the registration area. Bottled water, granola and bananas provided at the end of the race.

- **Early Packet PickUp:** Friday, June 17 from 10 a.m. to 3 p.m. at UDS 1901 Olde Homestead Lane, Lancaster, PA.

**Pre-registered runners: If you are not doing early packet pick up, please stop by the registration table the day of the event to obtain your runner number.*

REMEMBER: Pin your number to your shirt FRONT leaving the bottom portion unpinned so it can be removed as you cross the finish line. This is very important!

WHEN: This run is scheduled for Saturday, June 18, 2016:

8:00 a.m. – Registration begins

9:30 a.m. – Run begins

10:45 a.m. – Award presentation when all participants finish.

HOW: To register, complete the form below and submit a \$30 check/money order/ or credit card number (Mastercard or Visa) to UDS Service Dogs by June 4. The fee for entries received day of race will be \$35. 17 and under can register for \$20 before June 4 and \$25 day of race. Also, your canine companion can register for \$10 up to and including day of the race. Cause for Paws T-shirts are available for all participants registering before June 4. Sizes are required. Participating dogs receive a Cause for Paws Bandana.

RESULTS: Course is run 2 times – once around is your halfway mark. NEW! Finish line and timing service by Pretzel Time Sports. Race results submitted to local newspapers and at our website.

PRIZES: Medal and \$25 will be presented to Overall Male and Female Champion. Medals presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 17 and Under., 18-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70 +

DIRECTIONS:

- Rt. 30 East – Take the Greenfield Exit – you will pass McDonald's on your left –
- Take a Left at the light – Exxon is on the corner directly in front of you.
- Go to next light and take a left – this is Pitney Road – follow the PAW signs to parking and registration.

REGISTRATION: UDS Service Dogs Program 5K Cause for Paws Complete this portion. Detach and mail. Include \$30 early registration fee before June 4. Day of registration fee \$35. 17 and under \$20 before June 4 and \$25 day of race. Dog registration is \$10 up to and including day of race. Cause for Paws t-shirts provided for all registrations received by June 4. Checks payable to UDS Service Dogs, or by Credit Card: Visa or MC: Number _____ Exp. _____ Select: RUNNER / WALKER / WHEELCHAIR ROLLER/ DOG

Name _____ Address _____
Please print
 Phone _____ City _____ State _____ Zip _____
 E-mail address _____ Age (on Race Day) _____ Male ___ Female ___

T-shirt size (circle one)
Youth L
Adult S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to UDS, UDS Foundation, UDS Service Dogs Program, HACC Lancaster Campus, Weis Markets, Pretzel City Sports, County of Lancaster, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____
 (Parent or guardian's signature if less than 17 years of age.)

**Please make checks payable to UDS Service Dogs and mail to: PO Box 10485, Lancaster, PA 17601
 (717) 715-8753 ♣lorib@udservices.org**