

Fox CHASE AWAY CANCER

3.1 Mile Run - 1.5 Mile Walk - .5 Mile Kids Fun Run

Presented By HCM Foundation

Saturday August 6, 2016 - Saint Basil Academy - Jenkintown, PA

Schedule: Registration starts at 7:30am - Run & Walk Starts at 9:00am

Location: Saint Basil Academy - 711 Fox Chase Rd, Jenkintown, PA

Course: Flat and fast road course finishing on the Saint Basil Academy track

Amenities: Refreshments at finish, great raffles, accurate course, family fun, terrific cause!

Benefits: The patients of Fox Chase Cancer Center & HCM Foundation

More Info: Visit our website at www.hcmfoundation.org, email at HCMFund@gmail.com

All pre registered participants will receive a high quality technical t-shirt

Awards

Special awards in the 5k to the top 3 overall male & female winners and top 3 male & female in each age group: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Medals will be awarded to all kids run participants!

Registration & Fees

Pre-registration via this form must be postmarked by **Wednesday July 20th, 2016**. To register online please go to www.hcmfoundation.org/events/foxchaseawaycancer - click "register online." **Online registration closes Aug 3rd at 11:59 pm**

<u>Event</u>	<u>Before 7/20</u>	<u>7/21 through Race Day</u>
3.1 Mile Run	\$20	\$25
1.5 Mile Walk	\$20	\$25
.5 Kids Run (12 & under)	No Charge - small donation encouraged	

Timed results by Pretzel City Sports. Results will be posted at www.pretzelcitysports.com within 48 hours post race.

DETACH HERE

Please complete the form below and make checks payable to HCM Foundation, PO Box 416, Villanova, PA 19085

For Pre-Registration discount, return prior to 7/20

(one form per person/please print)

Name _____ Sex _____ Age (on 8/6) _____ Event: 3.1run 1.5walk KidsRun
(circle one)

Address _____ Fee: \$ _____ Optional Donation \$ _____

City _____ State _____ Zip _____ Phone _____

Email _____ Tee Shirt (circle one): YS YM YL S M L XL XXL

****must register by 7/20 to guarantee t-shirt**

****If you feel inspired to run/walk in honor of someone list their name (we will announce as you cross finish line):**

I know that running a road race is a potentially hazardous activity. I should not enter, run or walk unless I am medically able and properly trained. I also know that there may be traffic and possible weather related hazards on the course and assume risk for running/walking in these possible conditions. I also assume any and all other risks associated withrunning/walking and attending the race including but not limited to falls, contact with other participants, the affects of the claim on my behalf, covenant not to sue, and waive, release and discharge HCM Foundation, Saint Basil Academy, Abington Township, all volunteers, all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever, foreseen or unforeseen, known or unknown. I grant permission to use any photographs of me and my name for any and all race purposes. I HAVE READ AND UNDERSTAND THIS WAIVER:

Signature (parent's if under 18) _____ Date: _____