



OUTDOOR ADVENTURE CHALLENGE

5K Trail Run/Walk

**SATURDAY,
SEPTEMBER 17, 2016**
(RAIN OR SHINE)

Registration: 8 a.m.
Start Time: 9 a.m.



100%
of proceeds
benefit struggling
youths through our
Diakon
Wilderness
Center!



LOCATION: Race takes place on a beautiful, wooded 170-acre campus at 571 Mountain Road, in Boiling Springs, PA (Cumberland County). The Wilderness Center is a tobacco and alcohol free campus.

COURSE: The course is off-road and includes some steep inclines. Finish line and timing service by Timber Hill Timing Company. Race results posted on www.timberhilltiming.com

AMENITIES: All pre-registered participants receive a T-shirt (guaranteed if registered by 9/1/16), lunch, free parking, and use of zip-line, Alpine tower, Giant Swing or high ropes course located on campus. Awards ceremony at approximately 10:15 a.m.

FEE: \$35 ON OR BEFORE 9/1; \$45 after 9/1/16. Adventure elements & lunch only (no 5K or t-shirt) \$15.

POST RACE: There will be a silent auction during the event and prizes awarded to the top three finishers in all age groups (male and female) and overall top three male and female.

INFORMATION: For more information about this event, please visit www.diakon5k.org, call (717) 795-0464, or email trumpd@diakon.org

MAIL CHECK PAYABLE TO: "DIAKON" with the form below to: Development Office, One S. Home Avenue, Topton, PA 19562

REGISTER ONLINE AT: www.timberhilltiming.com (online registration option available and closes Wednesday at midnight before Race Day; a nominal service fee applies).

Name _____

Address _____

City/State _____ Zip _____ Age (on Race Day) _____

Email Address _____ Phone No. _____

PLEASE CIRCLE YOUR RACE AND T-SHIRT SELECTIONS:

RACE: 5K Trail Run OR adventure elements & lunch only (no 5K or t-shirt) • Sex: M F • T-Shirt Size: S M L XL XXL Total Amount \$ _____

Please charge to: Mastercard Visa Card # _____ Exp. Date _____

Credit cardholder name _____ 3-digit security code _____

Please make check payable to "DIAKON" and mail to: Development Office, One S. Home Avenue, Topton, PA 19562

NOTE: A liability waiver must be signed by each participant prior to the start of the race.