



**HARVEST**  
**5K RUN / WALK**  
*join us to help  
homeless veterans*

**OCTOBER 23, 2016**  
**@LEHIGH PARKWAY, ALLENTOWN**



**One registration Form per participant, please!**  
Complete the following and mail to the address below, or register online at [harvest5Krun.com](http://harvest5Krun.com). Only 5K participants who are registered by Oct 1 will get a free shirt.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Shirt size (gender specific) S M L XL Youth-S \_\_\_\_\_  
Gender \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

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Event	Description	Total*
5K	Individual	\$ 25
1-mile fun run	Individual	FREE
Pasta Dinner	Individual	\$ 10
Virtual Race - USA	Individual	\$ 29
Virtual Race - Canada and Mexico	Individual	\$ 33
Virtual Race - Other Countries	Individual	\$ 39
<b>TOTAL</b>		
<b>*Price increases on July 1</b> - add \$5 to each event. Includes shipping costs for virtual racers. Race day fee: \$35.		

**Payment Information and Deadlines**  
Please return this completed form and your payment made to "KI" (memo, "Harvest 5K"). Mail your registration to: Congregation Keneseth Israel, 2227 W. Chew St., Allentown, PA 18104. To be guaranteed a shirt and finisher's medal, we must receive this form and payment by October 1, 2016.

**Waiver and Photo Release**  
I hereby waive all claims against Congregation Keneseth Israel, the City of Allentown, race officials, and volunteers, any and all sponsors, and all their Representatives and successors from any injury or liability I might suffer in this event. I attest I am physically fit and prepared for this event.

I assume all risks associated with running in this event including, but not limited to; falls, contact with other participants; the effects of the weather (including high heat and/or humidity), condition of the trail, etc. I grant full permission for organizers to use my name and/or pictures in association with and promotions of this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Race to raise veterans quality of life

And earn some prizes too. Special awards await first time 5K finishers and most improved participants.

**When the peace treaty is signed, the war isn't over for the veterans, or the family. It's just starting.** - Karl Marlantes, American author and decorated Marine veteran

We owe our freedom to our veterans. In the Lehigh Valley, 1 out of 3 homeless people is a veteran. The Victory House addresses this problem by providing 24-hour emergency shelter, counseling, life skills education, and employment assistance to men aged 18 and older (victoryhouse.org). Join us in helping our heroes.

### Race Information

Come join us in Allentown, Pennsylvania's beautiful Lehigh Parkway. It is a mostly packed and paved trail along a running river: a refreshing and beautiful natural treat. Water stations will be available at every mile, and expect cheering squads at every crossroads. Can't join us in Allentown? No problem: join us virtually from anywhere in the world.

**Location:** 1696 Park Drive, Allentown, PA 18103

**When:** Sunday, October 23, 2016 at 3:00 pm

**Parking:** free and plentiful on site

**Freebies (guaranteed to all who register by October 1):**

Tech T-shirt • Uniquely designed finisher's medal

**Questions?** Contact info@harvest5krun.com or visit harvest5krun.com

### Schedule of Events

#### Pasta Dinner Party

Saturday, Oct 22 at 6-8 pm at Congregation Keneseth Israel, Social Hall, 2227 W Chew Street, Allentown PA 18104

#### Packet Pickup:

- Saturday, Oct 22 at 6-8 pm at Congregation Keneseth Israel, Social Hall, 2227 W Chew Street, Allentown PA 18104
- Sunday, Oct 23 at 1-2:30 pm, 1696 Park Drive, Allentown, PA 18103

#### Race Day:

- 1:00 -2:30 pm - Registration and Packet Pick up
- 2:45 - Opening Ceremonies
- 3:00 - 1 Mile Fun Run
- 3:30 - 5K Start
- 4:30 - Award Ceremony

## Join the Harvest 5K - Invest in our heroes! Proceeds benefit the homeless veterans of the Lehigh Valley

Sponsorship Levels	\$ 2,500+	\$ 1,000	\$ 500	\$ 250	\$100
Free 5K registration	25	10	4	2	-
Name/Logo in event brochure and promo materials	✓				
Public introduction at event with ability to participate in program	✓	✓			
Acknowledgement at event awards ceremony	✓	✓	✓		
Logo (sized according to level) on event shirt	✓	✓	✓	Name only	
Distribution of materials into event package	✓	✓	✓	✓	
Logo on kilv.org and harvest5krun.com	✓	✓	✓	✓	Name only

All Friends making contributions at any level will be gratefully acknowledged in Congregation Keneseth Israel's Bulletins, and on www.kilv.org and www.harvest5krun.com!

### Sponsor Information

Business Name	
Contact Phone	
Mailing Address	
Contact Name	
Contact E-mail	

### Payment Information and Deadlines

Please return this completed sponsorship form and your payment made to "KI" (memo, "Harvest SK") to Congregation Keneseth Israel, 2227 W. Chew St., Allentown, PA 18104. To be guaranteed placement on the Harvest 5K Event Shirt, sponsors must have artwork (vector file format) e-mailed to info@harvest5krun.com by September 25, 2016.

*Thank you to our sponsors (your ad will display here)*



**CONGREGATION  
KENESETH ISRAEL**  
*A Caring Community*

*Committed to Worship, Wellness, Education and Mitzvah*

### Contribution Information

Cash Contribution	\$		
Gift-in-Kind Donation Value	\$		
Will a pick up be required?	Y	N	If yes, please specify
Donor, if different from above			
Description of Donation			