



The Dr. Nirav Patel Foundation Presents  
3rd Annual  
5 Mile Run & 1 Mile Fun Run  
Wellness Fair  
September 20, 2015, 9:00 AM

Please join us for the 3rd Annual Nirav's Run in memory of Nirav Patel and in support of local health-focused initiatives. The proceeds for this year's event will go to supporting Girls on the Run and The Dr. Nirav Patel Foundation Scholarship.

**Wellness Fair and Kids' Zone:** Epiphany Massage, Keystone Specific Chiropractic, Gayatri Wellness, East/West Massage, Clover Farms, Daystar Natural, and MF Fitness; photobooth, kids games, activities, and bounce house.

**Location/Registration:** The Quarry (WASC Fields), Wyomissing, PA 19610; Day of registration and packet pick up from 8:00-8:45. **Optional online registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)** (nominal service fee applies, closes at midnight the Wednesday before race (9/16) Click [here](#) or see below for directions.

**Course:** 5 mile and 1 mile run through the picturesque Wyomissing Park Trails including gravel, grass, and paved surfaces. 5 mile at 9:30AM and 1 mile at 9:00AM. No strollers, jogging strollers, bicycles, or dogs on leashes allowed. Timed by Pretzel City Sports.

**Amenities:** Dri-fit running caps for all registered adults by September 7th, covered registration, indoor bathrooms, water/aid station mid-race, light fare post race for runners, babysitting for registered 5 mile run participants, kids fun zone, photobooth, results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com); held rain or shine.

**Awards:** Cash prizes for top 3 male and female 5 mile finishers (1st \$100, 2nd \$75, 3rd \$50). Awards for age group (top 3 male and female): 14 and <, 15-19, 20-29, 30-39, 40-49, 50-59, 60+ (no duplicate awards, must be present to receive awards, awards will not be mailed).

**Entry Fees:** Adults 5 mile or 1 mile \$20 if postmarked by September 14th. Afterward, including day of \$25. Kids (12 and under) 1 mile \$10 if postmarked by September 14th. Afterward, including day of, \$15.

**Make Checks Payable to:** The Dr. Nirav Patel Foundation      **Foundation Website:** [www.niravpatelfoundation.org](http://www.niravpatelfoundation.org)  
**Mail check and form below to:** The Dr. Nirav Patel Foundation, 42 Wyomissing Blvd., Wyomissing, PA 19610  
**Online Registration:** [www.pretzelcitysports.com](http://www.pretzelcitysports.com)      **Race Director:** Jennafer Reilly; [jennafer.k.reilly@gmail.com](mailto:jennafer.k.reilly@gmail.com)

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**DIRECTIONS:** The Quarry Fields are located at the intersection of Museum Road and West Lancaster Avenue. Entrance is on Lancaster Avenue just south of the WAWA convenience store.



## 2015 Nirav's Run Entry Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
eMail: \_\_\_\_\_ Phone: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Gender: M F  
Race (circle one): 5-Mile 1-Mile  
Additional Donation (if any): \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_