

2nd Annual **DAYLIGHT SAVING DASH**

supporting Hope Rescue Mission of Reading, PA

The Race before Daylight Saving Time!
5k RUN/WALK & 1 MILE FUN RUN

Saturday, March 7, 2015 – 9:00 AM – Penn State Berks

We are on Facebook at www.facebook.com/DaylightSavingDash

LOCATION/REGISTRATION: Beautiful Campus of Penn State Berks, Broadcasting Road, Reading, PA. Registration/packet pickup available on race day at the Perkins Student Center, starting at 8:00 am. 5K at 9:00 am, 1M at 9:45 am.

DETAILS: Wheel measured course goes throughout the campus. This is going to be a fun race, and a cool way to tour the scenic PSU Berks campus! Heated indoor facilities (with bathrooms) near the start/finish. Tully's food court will be serving hot refreshments! Plenty of free parking. Professionally timed by Pretzel City Sports. No refunds or mailed awards.

APPAREL: Long sleeved shirts to anyone that registers for the 5k by Feb 21. Limited supply of shirts on race day.

AWARDS: Goodie bags for all finishers. Trophy for top male and female runners in addition to awards for the top three males and females in each of the following age brackets: 18 & under, 19-29, 30-39, 40-49, 50-59, 60+

ENTRY FEE FOR 5K or 1M FUN RUN: \$23 if postmarked by Feb 21 with guaranteed long sleeved shirt and goodie bag. \$28 after Feb 21, including race day, limited shirt and goodie bag supply.

DIRECTIONS: The race starts and ends near the Beaver Community Center on the campus of Penn State Berks. The closest entrance to the start line is on Broadcasting Road, right off of 222. For GPS purposes, you can use the intersection of Broadcasting Road and Route 222.

Optional online registration available on www.pretzelcitysports.com
(nominal processing fee applies, closes on Wed, March 4 at midnight)

Or
MAIL CHECK PAYABLE TO "Hope Rescue Mission" & FORM BELOW to: 99 Gaernarvon Dr. Elverson, PA 19520
Race Director: Steve Elliker (484)-844-1249 steveelliker@gmail.com

-----Please Print Clearly—One Per Person-----

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth _____/

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Race (circle one): 5K 1M fun run Sex: M F Phone: (____) _____

A. M. or P. M. ??

Adult Shirt Size (circle one): S M L XL Youth: M L email _____

Already Getting Weekly Runner Update Emails? ____ Yes ____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Hope Rescue Mission, and Steve Elliker any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date _____ / _____ / 2015

(Parent's Signature instead if entry under 18 years old)