

## VK5K 2008-2013

On the occasion of the 6<sup>th</sup> anniversary of the VK5K, I thank the many loyal sponsors, donors, participants and volunteers who have given Vinny's Kids, Inc. the opportunity to provide fun and smiles to thousands of sick children.

Funds raised through the VK5K enable Vinny's Kids, Inc. to be a major donor to several programs that serve Central Pennsylvania children. Here are some of the ways that VKI has helped our beloved kids since 2004:

- In 2004, established the first Vinny's Kids Activities Room at Pinnacle Health's Harrisburg Hospital pediatric unit.
- Provides camping gear, swimming equipment, life jackets, climbing wall footholds and helmets, bike helmets, archery equipment, movies, books, games, puzzles and many other items for Camp Victory.
- Sponsors annually the cost of an arts and crafts director for Camp Victory.
- Provides arts and crafts items, games, prizes and banquet fun for Camp Echo.
- Pays camp tuition for Central Pennsylvania campers at various camps for medically compromised children.
- Camp Star campers received bike helmets, t-shirts, camp survival goodie bags, snack bags and prizes for games and sporting competitions.
- In December 2011, established a Vinny's Kids Activities Room at the Penn State Hershey Rehabilitation Hospital.

All donations to Vinny's Kids, Inc. remain in Central Pennsylvania to benefit our local children, and every dollar contributed is spent directly on the kids. Because Vinny's Kids is a private charity that operates strictly through volunteer efforts, there are no administrative costs, overhead or salaries.

I am grateful for the ongoing support of the local business community and the many, many community organizations who support Vinny's Kids throughout the year.

I continue to be inspired by the wonderful people who contribute in any way, and pledge to do my best to make a difference in the lives of children facing challenging illnesses. I appreciate your support of the VK5K and Vinny's Kids, Inc. Thank you for helping me achieve my goals.



## VINNY'S KIDS, INC.



Vinny's Kids, Inc. was founded in 2004 by Vinny Cherry, then 14 years old, to provide sick children with entertainment during their hospital stay. Inspired by his own experience while hospitalized at age 7,

Vinny hoped to make the experience less stressful for young patients.

The program initially outfitted a Vinny's Kids Activities Room at the Harrisburg Hospital pediatric unit.

Since then, Vinny's Kids has expanded its outreach to other organizations for children facing chronic or life-threatening illnesses, other hospital-based pediatric programs and special needs programs. Other recipients include Camp Victory, a network of camps for children with specialized medical needs, Camp Echo and Camp STAR, all of which draw chronically ill children from the Central Pennsylvania area. Outreach has continued with the recent establishment of a Vinny's Kids Activities Room at the Penn State Hershey Rehabilitation Hospital.

The VK5K was created to support and raise awareness of Vinny's Kids, Inc.'s programs.

## OUR MISSION

To create positive memories for hospitalized and chronically ill children as well as those with disabling conditions by providing appropriate entertainment to enhance and enrich their lives.

## VK5K SPONSORS

### TITLE SPONSOR



### PLATINUM SPONSOR UNITED CONCORDIA<sup>®</sup> DENTAL

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FOCUSED ON YOUR FUTURE

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### RACE DAY SPONSORS

**Arooga's**

**Bimbo Bakeries USA**

**Hoss's Steak and Sea House - Hummelstown**

**Karns Quality Foods**

**Starbucks**

**Wilsbach Distributors**

**Perkins**

Sponsor list is current at time of printing.

6<sup>th</sup> Annual!

# VK5K

## Race for Vinny's Kids, Inc.

5K Run/Walk



**City Island**  
HARRISBURG, PA  
**10 A.M.**

REGISTER ONLINE TODAY AT:

[www.vinnyskids.org](http://www.vinnyskids.org)



ALL PROCEEDS BENEFIT VINNY'S KIDS, INC.,  
A 501 (C)(3) NONPROFIT CHARITY.

## VK5 REGISTRATION

### EARLY ENTRY

(postmarked by March 1, 2013)

**\$10** for participants 18 & under

**\$20** for Adults

### LATE ENTRY

(postmarked after March 1, 2013, and race day)

**\$15** for participants 18 & under

**\$25** for Adults

### RACE DAY REGISTRATION AND PACKET PICKUP

Race day registration and packet pickup begins at 8:30 a.m. at the City Island Carousel Pavilion. The race starts promptly at 10 a.m. in front of the Carousel Pavilion.

**Only those registered by midnight on March 1 will receive a race shirt.**

The VK5K is a rain, snow or shine event. Sorry, no refunds.

## THE VK5 COURSE

The flat, fast VK5K course starts and finishes on City Island. Race timing provided by Pretzel City Sports.

## VK5 REFRESHMENTS

Post-race food and refreshments, available in the Carousel Pavilion, will be provided by Aroogas, Karns Quality Foods, Starbucks, Hoss's Steak and Sea House - Hummelstown, Perkins, Wilsbach Distributors and Bimbo Bakeries USA.

## VK5 AWARDS

Celebrity guest Dennis Owens, abc27 anchor, will emcee the start of the race.

Prize money will be awarded to the top three overall male and female finishers and the top overall male and female masters.

<b>First Place</b>	<b>\$100</b>
<b>Second Place</b>	<b>\$50</b>
<b>Third Place</b>	<b>\$25</b>
<b>Masters</b>	<b>\$50</b>

(Prizes do not overlap. You must be present to collect your prize.)

### AGE GROUPS

Prizes will be awarded to the top three male and female age group finishers. No duplicate awards. Age group categories are as follows:

14 & under	20-29	40-49	60 & over
15-19	30-39	50-59	

### DOOR PRIZES

A random door prize drawing will follow the awards ceremony. You must be present to win.

## VK5 RESULTS

Complete results will be posted on [www.vinnyskids.org](http://www.vinnyskids.org) and [www.pretzelcitysports.com](http://www.pretzelcitysports.com) within 24 to 48 hours.

Insurance Provided by Road Runner Clubs of America.

## 2013 VK5 REGISTRATION FORM

NAME \_\_\_\_\_ GENDER  M  F

AGE (ON RACE DAY) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

YOUR E-MAIL IS FOR VK5K PURPOSES ONLY. IT WILL NOT BE SHARED WITH SOLICITORS. DO YOU RECEIVE PRETZEL CITY SPORTS EMAIL UPDATES?  YES  NO

ADULT T-SHIRT SIZE (CHECK ONE)  S  M  L  XL  XXL

I can/cannot participate in the run but would like to make a contribution, made payable to Vinny's Kids, Inc.

\$25  \$50  \$100  Other \$ \_\_\_\_\_

**Please send contribution checks to  
Camille Kostelac-Cherry, Treasurer,  
1671 Nottingham Drive, Hummelstown, PA 17036.**

### VK5 ENTRY FEES

Checks payable to Vinny's Kids, Inc.

	Adult	18 & under
by March 1	\$20	\$10
after March 1	\$25	\$15

Mail the signed waiver and race application with entry fee to:

Pretzel City Sports,  
112 W. 36th St., Reading, PA 19606

SIGNATURE \_\_\_\_\_

GUARDIAN SIGNATURE  
IF UNDER 18 \_\_\_\_\_

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials or sponsors of the VK5K for injury or illness, which may directly or indirectly result from participation. I further state that I am in proper condition to participate and accept responsibility for the risks involved by participating in this event.