

Makin' Bear Tracks

5K Run, 1 Mile Junior Run, 1 Mile Walk & Kids Fun Run

Saturday, July 20, 2013 at 8:00 am

Registration 7:00-7:45

Start/Finish: Boyertown Area Senior High School, 120 N Monroe St, Boyertown, PA 19512



NEW: 1 MILE JUNIOR RUN & 5k TEAMS!!

5k COURSE HAS SOMETHING FOR EVERYONE!

The all-terrain course includes: pavement, rolling grass surfaces, grassy trail, a gradual hill near the finish, and an all-weather track. **NO SPIKES PLEASE!!**

5k TEAM CATEGORY: Teams must have **3 runners minimum**, at least **one of whom MUST be female**.
Awards for top 3 teams based on fastest average time.

1 MILE JUNIOR RUN

For kids over 9- who are too old for a kids run, but aren't ready for a 5k. **Awards for top 3 girls and boys!**

KIDS FUN RUN

Kids under the age of 8 run 1 lap on an all-weather track

5k AWARDS: Top individual male and female PLUS 1st-3rd medals in each male and female category: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Contact: Lori Sartin Bruno lhsartinbruno@comcast.net

REGISTRATION FEES & DEADLINES:

THE BEARS RUN 5k

- \$15 by June 1, 2013*
- \$20 between June 2 and July 6, 2013*
- \$25 after July 6, 2013* (including race day)

5k TEAM REGISTRATION

- Each runner registers as an individual (above)
- List team name on each registration form

1 MILE JUNIOR RUN & 1 MILE WALK

- \$15 by July 6, 2013*
- \$20 after July 6, 2013* (including race day)

***All registrations by July 6, 2013* include a t-shirt.
Registrations after July 6th, 2013* include a t-shirt while supplies last***

KIDS FUN RUN: FREE. Parent must complete one application/child. Kids fun run does not include a t-shirt.

ONLINE REGISTRATION: www.pretzelcitysports.com
Deadline 7/17/13, nominal fee applies

* postmark date

REGISTRATION: (Please complete and detach)

Make Checks Payable to: **Boyertown Bears Running Booster Club (BBRBC)**

Mail Application and Check to: **Lori Sartin Bruno, 2 Linden Court Boyertown, PA 19512**

(First Name) (Last Name) Birthdate: _____ Age Day of Race: _____

Address: _____ Apt # _____ (City) (State) (Zip Code)

Email: _____ Phone: _____ Gender: M or F (**Circle One**)

Event (**circle one**) 5K 1Mile Run 1Mile Walk Kids Run Shirt Size (**circle one**) S M L XL XXL

Team Name _____ (see team requirements above)

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Boyertown Bears Running Booster Club, Boyertown Area School District, Boyertown Area Senior High and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. **I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)**

Signature: _____ Date: _____