



SATURDAY, MAY 19, 2012
FT WASHINGTON STATE PARK
FT WASHINGTON, PA
09:00 AM

Fast 5k / Challenge 5 Mile Races
benefiting THON - raising funds
for pediatric cancer research

Location: Lot 3, Fort Washington State Park, 500 S Bethlehem Pike, Ft Washington, PA 19034

Awards: For each race, M & F winners, M & F Masters winners, plus top 3 finishers M & F in age groups: 18 & under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ No duplication.

Entry: **Register by April 28, 2012**, you're **guaranteed a TECH shirt** and pay **just \$20** for either 5k or 5 mile race – ***you decide mid-race which distance you will run!***
 Registration open until race starts, but after April 28, 2012 and on race day, registration is \$25.
 Registration and number pick-up at 7:30 AM. Race at 9:00 AM rain or shine.
Kid's race - \$10 Kid's race at 8:45 All kids receive a t-shirt (while supplies last) and a medal

Amenities: 5k is a paved out-n-back wheel measured course. 5 mile is multi-surface cross-country style race with some minor obstacles. Water stations on course. Refreshments, TECH shirts, DJ, door prizes, and much more! Please visit www.actsportsmanagement.com for more information!

Contact: info@actsportsmanagement.com

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Gender: M F

Age on Race Day: _____ Circle one: 5k & 5 mile Kid's race

Email Address: _____

Shirt Size: XS S M L XL Child (one size fits all)



Make check payable to "ACT Sports Management" and note "GIVE ME 5" on memo line.
 Mail payment with this form to: ACT Sports Management, P.O. Box 417, Hatfield, PA 19440
 or register online at www.pretzelcitysports.com and at www.active.com