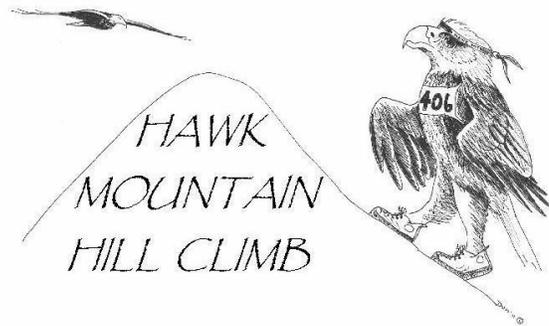


Hawk Mountain Sanctuary

~ Presents the First Annual ~

5k Hawk Mountain Hill Climb

Saturday, June 18, 2011



~ Professional timing services by Pretzel City Sports of Reading, Pa. ~

Run proceeds benefit Hawk Mountain Sanctuary

WHO: Runners, Walkers and Hikers of all ages. Runners and Walkers will utilize the same course along Hawk Mountain Road. Hikers will participate in an unsupported out and back hike to North Lookout. Sponsorship donations are also encouraged. Please visit www.hawkmountain.org to print out a sponsor donation log.

WHAT: The Hawk Mountain Hill Climb is a unique 5K course. Great views and a challenging course make this event the premier racing opportunity in Berks. The course is a point to point race along Hawk Mountain Road. Participants will begin in the scenic Kempton Valley and climb their way from the valley floor to the top of Hawk Mountain to finish at the Hawk Mountain Sanctuary Visitors Center. A shuttle service is provided from the finish at the Hawk Mountain Visitor's Center to the race start. Port-a-Johns and light refreshments will be available at the starting line. An aid station will service runners/walkers at approximately the half-way mark. Hikers will participate in an unsupported hiking venture from the Hawk Mountain Visitors Center to North Lookout and back. Educational Stations along the route will highlight a number of important environmental topics. This hike is perfect for families and those interested in participating in a more leisurely event. The **Mountain Folk** Blue Grass Band will play following event (mountainfolk.com). Food will be available to purchase.

WHERE: Participants may pre-register (application below) or register the day of the run. Registration takes place at Hawk Mountain Sanctuary beginning at 8:00 AM on June 18. Volunteers will be on hand to assist you with parking instructions and registration information. Award presentations made following the run. **Early Packet PickUp:** Friday, June 17 from 10 a.m. to 5 p.m. at Hawk Mountain Sanctuary.

**Pre-registered runners: If you are not doing early packet pick up, please pick up packet before race start on June 18.*

REMEMBER: Pin your number to your shirt FRONT leaving the bottom portion unpinned so it can be removed as you cross the finish line.

WHEN: Saturday, June 18th, 2011

8:00 a.m. – Registration begins at Info. Pavilion

8:00 a.m. – Shuttle Service begins to Starting Line

9:40 a.m. – Last Shuttle to Starting Line

10:00 am – Run/Walk begins

11:00 am – Award Ceremony and **Mountain Folk** Begins Playing

HOW: To register, complete the form below and submit a \$25 check/money order/or credit card number (Mastercard or Visa) to Hawk Mountain by June 1. The fee for entries received after June 1 is \$30. Hill Climb T-shirts are available for the first 200 registrations received. Size requests will be honored to the best of our ability but size may be substituted.

RESULTS: 1, 2 and 3 mile marked. Finish line and timing service by Pretzel City Sports. Race results submitted to Pretzel City Sports and posted at www.hawkmountain.org.

PRIZES: Door prizes using runner number are drawn post-race at awards area, courtesy of **East Ridge Outfitters**. Must be present to win. Medals presented to Overall Male and Female Champion. Medals presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 13-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70 and up. Awards presented to top 5 fund-raisers.

DIRECTIONS: From Route 61: Take Rt. 61 to Rt. 895 EAST. Go 2 miles make RIGHT at blue Hawk Mountain sign (Dreherstown). Cross railroad tracks and Little Schuylkill River. Go 2 miles to top of mountain; turn RIGHT into parking lot. **From Route 78 (Allentown):** Take I-78 WEST to Exit 35 (Lenhartsville). On Rt. 143 NORTH, go 4 miles to Sunoco gas station on right. Turn LEFT at blue Hawk Mountain sign onto Hawk Mt. Road. Go 7 miles to top of mountain; turn LEFT into parking lot

REGISTRATION: Hawk Mountain Hill Climb Complete this portion. Detach and mail. Include \$25 early registration fee before June 1. Late registration fee \$30. Hill Climb t-shirts guaranteed to first 200 registrations; size requests may be substituted. Checks payable to Hawk Mountain Sanctuary, or by Credit Card: Visa or MC: Number _____ Exp. _____ Select: RUNNER / WALKER/HIKER

Name _____ Address _____
Phone _____ Please print City _____ State _____ Zip _____
E-mail address _____ Age (on Race Day) _____ Male _____ Female _____

T-shirt size *(circle one)*
Youth L
Adult S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Hawk Mountain Sanctuary and Albany Township and those in their employ, the Counties of Berks and Schuylkill, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running/walking/hiking in this event including, but not limited to: falls; contact with other participants; vehicle traffic; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____
(Parent or guardian's signature if less than 18 years of age.)

**Please make checks payable to Hawk Mountain Sanctuary and mail to: c/o Hill Climb
1700 Hawk Mountain Road, Kempton, PA 19529
(610) 756-6961 ♦ beltz@hawkmountain.org**