2nd Annual Celebration 5K Run

Norristown, PA

July 3, 2010 8:30am

In celebration of our country's birthday, East Norriton, West Norriton, and Norristown are pleased to present the 2nd Annual Celebration 5K run. The course will begin at Norristown Area High School and wind its way over to the Norristown Farm Park. All proceeds from the run will be donated to "Mission Kids".

Registration: The cost of the race is \$20.00 if your entry is postmarked before 6/18/10.

Registration after *June 18th* and on race day is \$25.00.

Registration on the day of the race begins at 7:00am and ends at 8:15am.

The first <u>200</u> registrants for the 5k will receive a t-shirt.. A limited number of t-shirts will be available on race day. Post-registration is not guaranteed a shirt.

Awards: Trophies & \$100 cash to overall male and female winner. Awards ceremony begins at 10:00am.

Age group awards on the reverse: (number in brackets indicates number of awards in that group)

Awards to fastest East Norriton, West Norriton, and Borough of Norristown Residents (male/female).

Course Records: A \$50 bonus to the runner that sets a new course record for men and/or women.

MEN—John Gries 15:19

WOMEN—Christa Johnson 18:40

TEAR HERE AND MAIL!

Make Checks payable to: West Norriton Township or East Norriton Township or Municipality of Norristown

Mail check and completed form to:

West Norriton Township Celebration 5K Run 1630 W. Marshall St. Jeffersonville, PA 19403

East Norriton Township or Celebration 5k Run 2501 Stanbridge St. Norristown, PA 19401 Municipality of Norristown Celebration 5k Run 235 E. Airy St. Norristown PA 19401

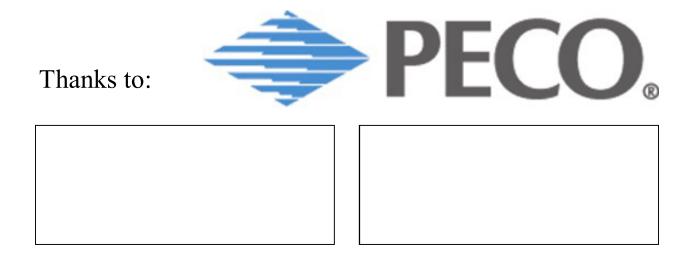
	Jeffersonville, PA 19403		wn, PA 19401	Norristown, PA 19401	
<u>-shirt size</u> (medium, large, XL, or XXL)		total amount enclosed			
Name		Gender	Date of Birth	Age on race day	
Mailing Address			Phone number		
Email addre	SS_			(please print!)	
am a reside		1	West Norriton Tow	1	
he race and any wanteriton Townshinected with the racept that there is I	weather conditions. I waive all right ip, West Norriton Township, the rac ice to use my photo, name, or result numan error and will accept any time lines will be followed, but student-at	for claims of injur- ce directors, Neil S in any media. I un e discrepancies.	ries which may result from my Schafer, Brian Kennedy and the derstand there are no refunds a Runners under the age of 18 mu	endurance. By signing this I certify I am preparaticipation in the Celebration 5K. I release E Borough of Norristown or any other persons condition that the decision of the race director is final ast have a parent or guardian sign as well. All I Please use one form per runner. The decision	East con- . I ac- P.I.A.A.

Date If under 18—parent/guardian

Female:	18 & under (3)
<u>remaie.</u>	19-24 (3)
	25-29 (3)
	30-34(3)
	35-39 (3)
	40-49 (5)
	50-59 (5)
	60-69 (3)
	70 & over (2)

No
duplicate
awards!
Race is
run rain
or shine!

<u>Course description:</u> The course is run on paved road. The course will start and end at Norristown Area High School. The race will cross over Whitehall Road at approximately the 3/4 mile mark. Police will block traffic. The course will loop through the Norristown Farm Park and return back to the High School. The Farm Park is closed to traffic, but caution should still be used. Mile splits will be marked. Water will be at the approximate halfway point. Runners can expect beautiful scenery and some rolling hills.



Timing provided by:
Peak Race Timing
www.peakrace.com