

The **THRILL** of the **RUN**

It's a cool brisk morning, the sun has peeked over the horizon and you can just see your breath. The world is alive with excitement and the thrill of the run hangs in the air. **"On Your Mark, Get Set Go!"** Ahh... the first stride where sole meets black top! Before long the elation of the run kicks in - your breathing is even you've settled into that rhythm. Life is Good! Nothing matters but the run you don't have a care in the world. It's an experience only runners enjoy.

Today there's a bonus. The country side is amazing! You're gliding along scenic roads through the soft rolling farmlands of Lancaster County...cows to one side horse drawn plows on the other. It's almost too good to be real.

It is sure to be an experience you will never forget.

Come live the dream!

Register Today!

www.GardenSpotVillageMarathon.org

Quick Facts

- ◆ Saturday, April 10, 2010
- ◆ Start 8:00 a.m. for individuals, 4 person relay and half marathon
- ◆ Race Packs available 6:30 a.m.
- ◆ USATF Certified 26.2 mile course
- ◆ Boston Marathon Qualifier course
- ◆ Volunteers until 3:00 p.m.
- ◆ 1st Place Cash Awards in 4 categories: Overall Men, Overall Women, Men 50+, Women 50+
 - ◆ 1st - \$500 and Trophy
 - ◆ 2nd - Trophy
 - ◆ 3rd - Trophy
- ◆ Shirts with all pre-registrations
- ◆ Medals for all finishers
- ◆ Start & finish on Garden Spot Village Campus
- ◆ Scenic farmland route
- ◆ Expo & Pasta Dinner, April 9th, walk-ins welcome
- ◆ EMTs on call
- ◆ Plenty of sanitary facilities
- ◆ Water stations every 2-4 miles
- ◆ Active.com online registration
- ◆ Individual Sponsorships available through Active.com
- ◆ Corporate Sponsorship Opportunities Available



Where life blooms.™

Race Director: Scott Miller

433 South Kinzer Avenue
New Holland, PA 17557

(717) 355-6000

www.GardenSpotVillage.org



GARDEN SPOT VILLAGE
MARATHON

Saturday, April 10, 2010

Register online at

www.GardenSpotVillageMarathon.org



USE THIS FORM TO REGISTER FOR:
Garden Spot Village Marathon,
Half Marathon & 4 Person Marathon Relay
All Proceeds Benefit the Garden Spot Village Benevolent Fund

Saturday,
April 10, 2010
 26.2 Mile
 USATF
 Certified Course

Payment must be included with this form to be processed. You can register online at www.GardenSpotVillageMarathon.org with a credit card.
NO REFUNDS. One form per runner. Relay team members please submit all forms together. Please print clearly.

FIRST NAME _____ MIDDLE INITIAL _____ LAST NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ COUNTRY _____

DAY PHONE _____ EVENING PHONE _____

DATE OF BIRTH _____ AGE ON RACE DAY (04/10/10) _____ MALE FEMALE

E-MAIL ADDRESS _____

EMERGENCY CONTACT _____ PHONE _____
 (someone not running in the race)

RELAY TEAM NAME _____ SHIRT SIZE: XXL XL L M S

- CHOOSE A RACE**
- | | |
|--|---|
| MARATHON | RELAY |
| <input type="checkbox"/> \$60 before 1/4/10 | <input type="checkbox"/> \$160 before 1/4/10 |
| <input type="checkbox"/> \$70 1/4/10 - 3/1/10 | <input type="checkbox"/> \$180 1/4/10 - 3/1/10 |
| <input type="checkbox"/> \$95 after 3/1/10 | <input type="checkbox"/> \$200 after 3/1/10 |
| <input type="checkbox"/> \$25 (17 Years Old & Under) | <input type="checkbox"/> \$100 (17 Years Old & Under) |

- PASTA DINNER April 9, 2010, 6pm**
- \$15 ages 13 & up \$3 ages 6 to 12 FREE ages 5 & under **Runner's dinner guests can register and pay on-site.**

Entry Fee Enclosed: \$ _____
Adult Dinners: \$ _____
Child Dinners: \$ _____
Total Enclosed: \$ _____

Mail Checks & Money Orders Payable to:
Garden Spot Village Marathon
 433 South Kinzer Ave.
 New Holland, PA 17557
 Attention: Scott Miller, Race Director

Questions? Contact Andrea Witkowski,
 Assistant Race Director
 AWitkowski@GardenSpotVillage.org
 Garden Spot Village (717) 355-6000
www.GardenSpotVillageMarathon.org

Waiver & Release: I know that running a road race is potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the roads, presence of horses, horse and buggies, bicyclists, farm equipment and farm animals. All such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Garden Spot Village, East Township, Leacock Township and Upper Leacock Township their officials, directors, employees and volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though the liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I further acknowledge that my entry fee is non-refundable and non-transferable. I grant permission to all of the foregoing to use my photograph, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature: _____
 Parent signature is required if participant is under age 18.

Date: _____ I have participated in _____ marathons. (how many?)